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For Details, Contact:

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Door County Public Health News Release

Flu Vaccine Clinics Set by Door County Public Health

Fall activities will soon be followed by flu season, and getting a seasonal influenza vaccine reduces the chances of you getting sick from the flu. The flu vaccine can also reduce the symptoms if you do get the flu. Influenza (flu) can be a very serious disease with many complications. Symptoms of influenza include fever, muscle aches, sore throat, and a non-productive cough. More serious illness can occur. During last year's Wisconsin flu season, 3,483 people were hospitalized due to flu related complications. In the previous flu season, 7,526 people were hospitalized with the flu, the highest year on record.

According to the Centers for Disease Control (CDC), everyone 6 months and older should get a flu vaccine this fall. Flu vaccines are designed to protect against the main flu viruses that research suggests will be the most common during the upcoming season. Other ways to help avoid the flu include washing your hands, coughing or sneezing into a sleeve or tissue, and staying home if you do become ill so you don't spread germs to others.

Most healthy adults may be able to infect others beginning 1 day **before** symptoms develop and up to 5 to 7 days **after** becoming sick. Children may pass the virus for longer than 7 days. Symptoms start 1 to 4 days after the virus enters the body. **That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick.** For additional information, check out the CDC's website: www.cdc.gov/flu/.

It is suggested that participants wear clothing with short sleeves to the clinics. There will be a \$38.00 fee for the vaccine for adults. For adults with Medicare, Part B covers the cost of the vaccine; and individuals with traditional Medicare Part B, Humana Medicare Advantage Plan, or United Health Care Medicare Advantage Plan are requested to bring their insurance cards to the clinic site.

It is recommended that all children ages 6 months – 18 years receive flu vaccine each year. **Children aged 6 months through 18 years, who are eligible for BadgerCare or Medicaid, OR are Native American or Alaskan Native, OR do not have insurance, can receive the vaccine free-of-cost to them at Door County Public Health as long as supplies last.**

Please see the attached flyer with all clinic dates and times listed.

**Door County Public Health
Seasonal Flu Vaccine Clinics for 2019**

Flu Vaccine Clinics for Adults

DAY	DATE	PLACE	TIME
Thursday	October 3	Washington Island Community Center	10:00-11:30 am & 1:00-2:15 pm
Tuesday	October 8	Aging and Disability Resource Center at the Community Center 916 North 14 th Avenue, Sturgeon Bay	1:00 pm – 2:00 pm
Friday	October 11	Bailey's Harbor Town Hall 2392 County Road F, Bailey's Harbor	1:00 pm – 2:00 pm
Monday	October 14	Door County Government Center – Peninsula Room—421 Nebraska Street, Sturgeon Bay	3:00 pm -- 5:00 pm
Thursday	October 17	Brussels Community Center 1366 Junction Road, Brussels	1:00 pm -- 2:00 pm
Friday	October 18	Liberty Grove Town Hall 11161 Old Stage Road, Sister Bay	11:00 am – 12:00 pm

❖ Fee for flu vaccine is **\$38.00** cash, check, or **traditional Medicare Part B, Humana Medicare Advantage Plan, or United Health Care Medicare Advantage Plan.**

Flu Vaccine Clinics for Children—All by Appointment, Call 746-2234

- Children aged 6 months through 18 years, who are eligible for BadgerCare, or do not have health insurance, or are Native American or Alaskan natives can receive the vaccine free-of-cost to them at Public Health as long as supplies last.
- Please check with your insurance company to find out what they cover.
- Flu vaccine injection available for ages 6 months – 18 years old.
- Nasal mist vaccine available for ages 2 years-18 years.
- Parent or guardian must sign for children's immunization.

**Flu Vaccine Available for Adults and/or Children at
Regularly Scheduled Immunization Clinics**

By Appointment Only, Call 920-746-2234	Door County Public Health Government Center 421 Nebraska St., Sturgeon Bay	Wednesday	10:00—11:30 am & 1:30—4 pm
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For more information call Door County Public Health at (920) 746-2234.